

**Brain Wellness Collaboration Group
Madison Senior Center
October 27, 2009**

Agenda

1. Introductions
2. Review Brain Wellness Collaboration Group Future WASC proposal (attached)
3. Draft Proposal for Statewide May 2010 Alzheimer's Conference
4. Action to be taken - Strategies for working with libraries "Public libraries - taking on a new mission: to help promote cognitive health in their communities, potentially using the concept of brain fitness as a framework for library-based lifelong learning, civic engagement, gaming and health promotion initiatives." (ASA article attached)
5. Lisa Hagenow, Brain Programs Specialist – Felician Village, Manitowoc sharing her program
6. Discuss development of "Brain Wellness Program Resource List" WASC website? Submit articles from Brain Wellness Group members for WASC website? (Look at an initiative of the Delaware Mental Fitness coalition: "The Time of Your Life! A sub title, A Community Approach to Cognitive Fitness. A Program Development Tool Kit.")

Examples:

Sharp Brains - <http://www.sharpbrains.com/book/>
Staying Sharp (AARP) - <http://www.aarp.org/health/brain/program/>
Posit Science - <http://www.positscience.com/>
Breakfast for your Brain - Bonnie Wilker - Two Rivers Senior Center
Marge Engelman – Cards and other brain fitness materials (see last page of minutes)
Take Charge - WAI - Asenath LaRue
Memory Clubs

7. Others?
8. Future 2010 Meetings and agenda items

January 26, 2010 – conference call. Bonnie sharing about "Breakfast for the Brain."
April 27, 2010 –
July 27, 2010 – conference call
October 26, 2010